



March Newsletter

Check out the latest news from the Cyber-Seniors Team below!

Why I remain an optimist in our complex world

Beth Winnick Published in the Star Tribune

Cyber-Seniors Program Manager Beth Winnick was published in Minnesota's Star Tribune last month. She wrote a fantastic piece on Cyber-Seniors and the positive impact of intergenerational learning on both young and old.

Check out an excerpt below:

"Recently, an elderly woman (let's call her Tess) crossed an icy sidewalk while leaning on her tennis-ball-accessorized walker, trying to keep the wind from blowing her coat open. She told me that while her husband was dying over the recent holidays, her cellphone rang and rang. Her family wanted updates, hope, information. While she was holding on tightly to her husband, she could've used some propping up herself. But she couldn't figure out how to answer her smartphone.

About a month had passed, and she began to start picking herself up. She made the decision to learn to use that phone. To many, this seems like no big deal. How many moments of the day do each of us spend picking up our phones? Putting down our phones. Glancing at our phones. Hoping they'll ring. Hoping they'll ping. Hoping they'll shut up.

But make no mistake. To a certain generation, they're an alien being. A foreign object. A new language entirely.... [\[Read More On The Star Tribune Website\]](#)

Why I remain an optimist in our complex world

Because elderly people are adapting to technology, and teens are helping them.

By Beth Slater Winnick | FEBRUARY 14, 2020 — 6:49PM



Seniors learn how to use technology from teens at Cyber-Seniors.

Update on our new Senior Training Program

From Program Director Tess Finlay

Hello!

I am currently working on developing a Senior Volunteer Training Program. I will be piloting this training program in the Niagara region with the intent to expand. The program will be for those interested in volunteering as peer mentors or becoming administrators of a program site. It will follow a train the trainer model, consisting of an in depth tutorial of the Cyber-Seniors web portal, scenario exercises and more.

In addition, we are also looking to assemble a nationwide Senior Advisory Board. The board will act as a working group, weighing in and providing feedback on our senior program development & training, such as the one mentioned above.

Tess Finlay, Cyber-Seniors Program Director



Cyber-Seniors Event Attended by the First Lady of Missouri

The first lady of Missouri (Teresa Parson) attended a Cyber-Seniors event in Springfield, MO last month and presented two of the youth volunteers with awards from JAG (Jobs For America's Graduates) for their work. Check out some pictures from the event!



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