



Cyber-Seniors provides FREE technology training and support for senior citizens and rewarding volunteer opportunities for young people.

I'm a **STUDENT**, what do I do?

Step 1: Get a **FREE** membership to the Cyber-Seniors Mentor Training program (6 online training videos and quizzes) at cyberseniors.org/volunteers.

Step 2: Sign-up as a volunteer to help seniors learn to use technology.

Step 3: Encourage your friends to sign up and let others know about this **FREE** service for senior citizens.

SENIOR CENTERS, RETIREMENT HOME OPERATORS, CAREGIVERS AND FAMILIES OF SENIOR CITIZENS

Seniors can:

1. Call us at 1-844-217-3057, where trained volunteers are standing by to answer their tech questions or help them sign up for online training sessions.
2. Register online for a group webinar or one-on-one tech-support by visiting our website at www.cyberseniors.org.
3. Access the over 1200 training tutorials (*available in English, Spanish and French*) by calling us at 1-844-217-3057 or by registering online at www.cyberseniors.org.

Together we will bridge the digital divide and help seniors be more connected.

www.cyberseniors.org