



Calling all young people: put your tech skills to work!

Cyber-Seniors is an intergenerational program that trains young people to be tech mentors for senior citizens. The ability to use online communication applications to stay connected is vital for older adults and other vulnerable people. Helping a senior learn to use transactional websites to order groceries, pharmaceuticals, food delivery, etc., will make a big difference in allowing them to remain self-sufficient from the safety of their home. In the best of times, digital literacy can be life-altering; in times like these, it can be life-saving.

Step 1: Get a **FREE** membership to the Cyber-Seniors Mentor Training program (6 online training videos and quizzes) at cyberseniors.org/volunteers.

Step 2: Sign-up as a volunteer to help seniors learn to use technology.

Step 3: Encourage your friends to sign up and let others know about this FREE service for senior citizens.

Together we will make a difference in bridging the digital divide and helping seniors be more connected.

www.cyberseniors.org

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