



## PHASE 1:

### GET STARTED

## IPAD BASICS LEARNING GOALS

- Learn how to use your iPad
  - Turn iPad on and off
  - Use passcode (098765) or set your own
  - Learn to charge iPad
  - Use Home button
  - Adjust volume
  - Swipe screens
  - Open apps
  - Use headphone port
  - Locate camera
  - Turn screen horizontal & vertical
- Connect to Wi-fi
  - \* Using Hotspot? See instructions
  - \* Using your Wi-fi? Locate log-in and password info
- Get onto a Zoom meeting with your student mentor
- Set up email account, ideally through gmail
- Set up Apple ID account



## PHASE 2:

### GET CONNECTED

## LIFE ENRICHMENT LEARNING GOALS



Learn Zoom Proficiently

- Mute/Unmute
- Start/Stop Video
- Use the Chat
- Use Reactions
- Rename yourself
- View Options (Gallery vs. Speaker)
- End Zoom meeting
- Set up own Zoom account
- Schedule own zoom meeting



Learn Email Proficiently

- Open Emails
- Search for emails
- Access Junk or Trash
- Compose an email
- Respond to Emails
- Identify Scams or Phishing Emails
- Organize emails



## PHASE 2:

## LIFE ENRICHMENT CONTINUED...

Review all the iPad apps **ON THE DOCK** by yourself & ask any questions about the apps

- iMessage
- Facetime
- Safari
- Mail
- Contacts

Review all the iPad apps **ON SCREEN 1** by yourself & ask any questions about the apps

- |                                       |   |
|---------------------------------------|---|
| <input type="radio"/> Calendar        | <input type="radio"/> Facebook              |
| <input type="radio"/> Clock           | <input type="radio"/> Facebook Messenger    |
| <input type="radio"/> Photos          | <input type="radio"/> Magnifying Light      |
| <input type="radio"/> Camera          | <input type="radio"/> Find my iPhone        |
| <input type="radio"/> Settings        | <input type="radio"/> WebMd                 |
| <input type="radio"/> App Store       | <input type="radio"/> RI Elder Info         |
| <input type="radio"/> Maps            | <input type="radio"/> Age-Friendly RI       |
| <input type="radio"/> Weather Channel | <input type="radio"/> Ocean State Libraries |
| <input type="radio"/> YouTube         | <input type="radio"/> URI Cyber-Seniors     |
| <input type="radio"/> Zoom            |   |



## PHASE 2:

## LIFE ENRICHMENT CONTINUED...

Review all the iPad folders **ON SCREEN 2** by yourself & ask any questions about the apps

- Ride Folder
- Shopping Folder
- Restaurant Delivery Folder
- Google Apps Folder
- Apple Apps Folder

Review all the iPad apps **ON SCREEN 2** by yourself & ask any questions about the apps

- |  |                                 |
|--|---------------------------------|
| <input type="radio"/> News                         | <input type="radio"/> LibriVox  |
| <input type="radio"/> AARP now                     | <input type="radio"/> MediSafe  |
| <input type="radio"/> Skype                        | <input type="radio"/> Lumosity  |
| <input type="radio"/> Talkatone                    | <input type="radio"/> WordBrain |
| <input type="radio"/> BeKind RI                    | <input type="radio"/> OldTime24 |
| <input type="radio"/> Be my Eyes                   | <input type="radio"/> Pandora   |
| <input type="radio"/> Epicurious                   |                                 |
| <input type="radio"/> Easy Tablet Help for Seniors |                                 |

Delete any unused/unwanted apps & update remaining apps by deleting & downloading again



## PHASE 2:

## LIFE ENRICHMENT CONTINUED...

Download additional desired apps, for example:

- \* Exercise
- \* Banking
- \* Healthcare
- \* Grocery Shopping
- \* News
- \* Social Media
- \* Games
- \* Television & Movies
- \* Music & Radio
- \* Podcasts
- \* Audiobooks/Libraries
- \* Education Resources

Review Settings App and Accessibility Options

- Vision Options
- Physical and Motor Options
- Hearing Options
- General Options

Review Future Steps

- Continue to Attend URI Zoom Meetings
- Utilize Cyber-Seniors for Additional Help Through One-On-One and Zoom Meetings
- Set up Account on [Cyberseniors.org](https://Cyberseniors.org) to Access 'Senior Resource and Training Center'